

THE TRUMPET

October- December, 2007

A QUARTERLY PUBLICATION OF THE CHANNEL OF BLESSINGS OUTREACH APOSTOLIC MINISTRIES

INSIDE THIS ISSUE

<i>Schedule Of Services</i>	2
<i>Birthday /Anniversary Wishes</i>	2
<i>Upcoming Events</i>	2
<i>Prayer Requests</i>	2
<i>Website Announcement</i>	2
<i>Highlights</i>	3,4
<i>Health Watch</i>	4
<i>Did You Know?</i>	4
<i>End Time Alert</i>	5
<i>Baptismal Candidates</i>	5
<i>Trivia</i>	5
<i>How To Build An Effective Sunday School (2)</i>	6
<i>Christian News Update</i>	6
<i>New Members</i>	6
<i>Angel Food Ministries</i>	7
<i>Have You Laughed Lately?</i>	7
<i>Youth Korner</i>	7
<i>Safety Tips</i>	7
<i>Helpful Household Hints</i>	8
<i>Expressions</i>	8
<i>Delectable Treat</i>	8
<i>Answers To Trivia</i>	8
<i>Inspirational</i>	8

FROM THE EDITOR'S DESK



Greetings Dear Trumpet Reader:

I trust that you will continue to welcome your friendly companion, **Trumpet**, into your home and that it will serve you well both naturally and spiritually. If this newsletter has been a blessing, why not pass it along to someone else whom you are sure will enjoy it as you have? You may leave it at the doctor's office or any other conspicuous place; the contents will not get stale. A maxim by which we are guided is that if it is able to touch one soul, its purpose will have been accomplished.

It's hard to believe that we are more than half-way toward the end of 2007. In a few months we will hopefully be exiting 2007 and entering 2008. What we usually do as the old year passes is to reflect on our accomplishments and compare them. This year, like others, has seen its fair share of challenges. We have all read the newspaper or seen on various television networks the many horrific events that have taken place. The proliferation of wild fires which flared up in many mid-western states severely affected and displaced countless families forcing the cancellation of many outdoor activities. Added to this, we were greeted with warmer-than-usual temperatures and strict water restrictions.

Another type of drought has hit many purses/wallets due in part to a lackluster economy, surging oil prices, widening credit crisis, slump in the housing market and loss of jobs which have negatively impacted consumer spending. It's a struggle to make ends meet today. The unemployed can barely make it, let alone the unemployed or those who live on a fixed income. Foreclosures have recorded an all time high in many states, forcing many out of properties

they have owned all their lives. I recently became aware of the predicament of an elderly lady who had occupied her home for over forty (40) years. However, due to a debilitating illness which greatly affected her ability to continue working, she fell behind in her mortgage payments. Apparently, in desperation, she sought and obtained advice from someone whom she considered a lifeline and hurriedly entered into an agreement. She was still not able to make her payments and today I believe she is still fighting to retain ownership of her home. Another poor hapless victim of predatory lending!

Times are hard and seem to be getting harder so the logical thing to do is to tighten your belt. If necessary, implement a budget and stick to it. Despite the economic hardships, however, God continues to bless His people and we who are able must reach out to those who are not. We can bring hope to a hopeless situation. When there is trouble in the land or when calamity strikes, our only recourse is to turn to God and trust Him without fail. We should try to remember that whatever goes wrong in the world or in our lives, God will either shield us from suffering or He will give us unfailing strength to bear it.

Two traditional holidays, Thanksgiving and Christmas, are fast approaching. Why not think of ways to reach out and touch someone? Include an extra gift on your wish list this Christmas for a stranger. Open your heart and wallet, and let God lead you. Many are crying in the wilderness and you may be that light that will shine in their paths which may eventually lead them to Christ.

Let me close by wishing you a bright and prosperous New Year and may God bless you richly in all that you do for His cause.

Sis. Dawn P. Smith

SCHEDULE OF SERVICES

Sunday: Sunday School..... 10:00 a.m.
 Empowerment Service 11:30 a.m.
2nd & 4th: Evangelical Service.....6:30 p.m.
Tuesday: Prayer Service7:30 p.m.
Wednesday: Bible Studies7:30 p.m.



SPECIAL BIRTHDAY SHOUT OUTS AND ANNIVERSARY GREETINGS TO OUR KINGS AND QUEENS:

OCTOBER: Min. James Edwards
 Aaliyah McFarlane
 Sis. Tamara Gray
 Bro. Ossie Dolphy
 Sis. Shardae Sappleton
 Sis. Addia Greaves

NOVEMBER: NicQuan McFarlane
 Joshua McCalla

DECEMBER: Dea. Murven McCalla
 Elder Michael Sappleton



SPECIAL ANNIVERSARY GREETINGS TO:

Bro. Damian and Sis. Tamara Gray who will be celebrating their First wedding anniversary on November 5, 2007; Deacon Arthurell and Sis. Gloria Banton who will be celebrating their 28th wedding anniversary on November 18, 2007; and Elder Michael and Sis. Janet Sappleton who will be celebrating their 19th wedding anniversary on December 31, 2007. *“What therefore God hath joined together, let no man put asunder (Matt: 19:6)*

UPCOMING EVENTS:

November 8-11, 2007– Fifth Anniversary Church Services, commencing at 7:30 P.M -Thursday and Friday; 6:30 pm on Saturday and 11:00 a.m. on Sunday. All are invited to join in this celebration.

December 31, 2007— Watch Night Service- 9:30 p.m. What better way to ring in the New Year?

Website Announcement

Have you heard the news? What is it? Well, after months of development, Channel of Blessings has re-launched its new professionally designed website. Oh yes my child! You can hear sermons, songs. Find your favorite scriptures ,watch sermon clips and other frequent updates.

The site also provides a unique opportunity to advertise your services or goods so please feel free to contact us or provide comments or suggestions. Visit us at channelofblessings.com .

PRAYER REQUESTS

We invite you to send in your prayer requests via mail; e-mail at (prayers@channelofblessings.com) or call us at (404) 299-8496. Present requests include:

For Healing:

Tina and Hope Banton
Frances Maxwell Evan. Janet Sappleton
Jeff Butler Sydney Henry
Georgia Dunn Paulette Malcolm
Hubert Lispcome Errol Geter

For Financial Breakthrough:

Vivienne Sutherland
Judith Taylor

For Release from incarceration:

David Hamilton

For Salvation:

Vincent Linton

For Comfort:

The Williams’ Family in Bronx, New York

****P ray**

****Until**

****Something**

****Happens**

.....The effectual fervent prayer of a righteous man availeth much.. James 5:16

HIGHLIGHTS

A. Prayer Breakfast: (By Missionary Patricia Steel)

On June 9, 2007, the Missionary Department hosted a prayer breakfast. Sis. Jacqueline Wright, LPC, a state-licensed professionally trained counselor was our guest speaker and spoke on the topic “**Growing Beyond The Pain**”. She highlighted the different types of pain, sources of pain, and the best way to respond. We learned that how we respond can adversely affect the body and that as Christians, we should strive to handle our pain in a Godly manner. Sis. Wright’s presentation was insightful and enlightening.

A sumptuous breakfast was prepared which everyone enjoyed. Our moderator was Sis. Linton, who later presented the speaker with a beautiful bouquet as a token of our appreciation. The gate prize was won by Sis. Dawn Smith. Thank you all for supporting this breakfast. To contact Sis. Wright, please visit www.askjackie.net.

B. Annual Fun Day (By: Sis. Dawn P. Smith)

On Saturday, July 31, 2007, a group of men, women and children from COBOAM visited the Ronald Reagan Recreation park in Gwinnett County, Georgia, for the Annual Fun Day. The organizers got off to an early start to reserve a comfortable spot and begin set up. It was a day of fun, food, and fellowship and in all candor, one of the best we’ve had. Food was good and plenty —Hamburgers, hot dogs, grilled chicken, roasted corn, bread rolls, etc. Salivating yet? Sis. Edwards’ Country-style Lemonade drink was a God-send in the sweltering heat. It was so refreshing that an expectant mother whose thirst apparently could not be quenched returned for a refill, only to find an empty container. She was observed spinning the container a few times in hopes of getting the last drop, much to her chagrin.

There were activities for all age groups from which five teams were formed, namely: **Pink, Orange, Green, Blue** and **Purple**. The activities were: (1) Monopoly; (2) Dominoes (Shhh! even a seasoned veteran got some six loves); (3) Egg and Spoon race; (4) Three-Legged race; (yours truly and her partner could not even get past the starting point and fell to the ground in shame). Mother Edwards and Evangelist Linton remain undefeated champions in this race); (5) Needle and Thread race; (Who on earth bought those needles? Not even the young could get the needle through without a fight); (6); Potato Sack race; (7) Potato Relay; (8), Tug-O-War; (9) Hop Scotch; and (10) Volley Ball. There were also two Watermelon eating contests. Deacon Murven McCalla and Sis. Shardae Sappleton emerged winners. It was a sight to behold as they attacked their slice of watermelon with a vengeance.

Congratulations to the winner, Team **Pink**. Team **Orange** took second place. Sis. Janet Sappleton provided round-the-clock entertainment and nothing could get her away from the boom box which was purchased at Walmart that day. (Yes, they found time to shop also!). The pulsating gospel music had many—young and old—doing their physical exercises. Not even the arthritis sufferers complained, and in fact, their every move was captured on camera. Overall, it was truly a fun-filled day with some unwelcome guests, the flies, refusing to part company. Enjoy the following snap shots below!



HIGHLIGHTS

C. Talent Xplosion:

Awesome! Memorable! Funny! Humorous! are just some of the adjectives used to describe the First Talent Xplosion which took place at the church on Saturday, July 28, 2007. It was a smashing success. Though off to a late start, the evening’s program, chaired by First Lady Celine Edwards brought pleasant surprises but due to space limitation, we can only provide a sneak peak.

Many talents were unleashed and the evening’s program was altered to accommodate additional items. Special guest artists included: COBOAM’s Creative Praisers, known as the **Anointed Daughters of Praise, The Ward Brothers, Sis. Sharon Liner (Poetic Praise)** and Sidney Pommells, an upcoming artiste whose presence sparked cheers and thunderous applause. The sound of the audience’s applause and subsequent standing ovation resulted in an encore. This rising star exuded charm and humor and emitted positive energy throughout his performance. The audience could not get enough of him. His rendition “The Blood” was an instant hit. Sis. Patricia Steele and her son did an impersonation of Louise Bennett, the Jamaican Folklorist—**‘NO LIKKLE TWANG’**. Sis. Pat did not miss a line and her fluency in Patois, her native tongue, was remarkable. It was laughter all the way!

There was a brief intermission during which refreshments were sold. Included on the menu were: **Jerk Chicken Meal, (Chicken Festival and Soda), Fried Fish Meal, (Fish, Festival & Soda) Beef Patty & Soda, Jerk Chicken.**

The long awaited “**Sisters in Fashion**” contest was the highlight of the evening. Five sisters paraded in their mismatched outfits and this drew much excitement. You should have seen them as they proudly showed off their outfits, mismatched from head to toe. In the end, the coveted prize for the fashion show was won by Sis. Shardaë Sappleton (see below) who wore a lamp shade as her head piece. A truly enjoyable time together! Kudos to the coordinators, Emcee, participants and everyone who contributed to its success. This certainly should be on next year’s calendar.



DID YOU KNOW?

Using the Bible at swearing-in-ceremonies grows out of the ancient Jewish practice of making a promise and reminding each other that “God is watching” (Genesis 31:50)? In the Middle Ages, Christians swore by kissing or touching a cross, a Bible, or a sacred object they believed once belonged to a holy person.

The word “Bible” comes from a Greek word for Papyrus (a plant used to make paper.?)

The most widely translated Bible Book is the Gospel of Mark—the shortest of the four Gospels about Jesus. It’s available in about 900 languages. (*Adapted*)

HEALTH WATCH



A. How Harmful Is Second-hand Smoke?

Non-smokers inhale the same toxic metals, poison gases and the 50-plus cancer-causing chemicals in second-hand smoke as smokers. With regular exposure, non-smokers increase their risk of getting heart disease by 25-30% and lung cancer by 20-30%.

Even brief exposure can cause immediate harm to the lungs and cardiovascular system. In addition, second-hand smoke can cause sudden infant death syndrome, ear infections and asthma attacks.

There is no risk-free level of exposure to secondhand smoke, according to a 2006 report by the U.S. Surgeon General. The most advanced filter and ventilation systems do not remove all secondhand smoke, nor do “no-smoking” sections and open windows.

The good news: Smoke-free environments work. They have averted thousands of cases of disease and early death and saved millions in health care costs. But broader protection is needed—millions of Americans are still regularly exposed to secondhand smoke in the home, at work, and in enclosed public spaces.

Okay to remove earwax?

Earwax consists of dead skin cells and oil produced by the outer ear canal. A steady flow of wax is important— it adds lubrication and protects against dust and bacteria.

Normally, excess wax falls out of the ear naturally. If it doesn’t, avoid putting cotton swabs or other objects in your ears to collect it; that pushes the wax inward even further and may damage the ear canals or eardrums. The eardrum, crucial for hearing, is located at the end of each ear canal.

Source: Personal Best Healthlines



END-TIME ALERT

Microchips in Humans: High-tech Helpers or Big Brother Surveillance? (CNN.com/Technology)
By: Pastor Everell Edwards

The “chipping of two workers with RFIDs —radio frequency identification tags as long as two grains of rice, as thick as a toothpick —was merely a way of restricting access to vaults that held sensitive data and images for police departments, a layer of security beyond key cards and clearance codes, the company said. “To protect high-end secure data, you use more sophisticated techniques” Sean Darks, chief executive of the Cincinnati-based company, said he compared chip implants to retina scans or fingerprinting. “There is a reader outside the door, you walk up to the reader, put your arm under it, and it opens the door.” Innocuous? Maybe.

But the news that Americans had, for the first time, been injected with electronic identifiers to perform their jobs fired up a debate over the proliferation of ever-more precise tracking technologies and their ability to encode privacy in the digital age.

To some, the microchip was a wondrous invention— a high-tech helper that could increase security at nuclear plants and military bases, help authorities identify wandering Alzheimer’s patients, allow consumers to conveniently purchase products.

To others, the notion of tagging people was Orwellian, a departure from centuries of history and tradition in which people had the right to go and do as they pleased without being tracked, unless they were harming someone else.

Chipping, these critics said, might start with Alzheimer’s patients or Army Rangers, but would eventually be suggested for convicts, then parolees, then sex offenders, then illegal aliens — until one day, a majority of Americans, falling into one category or another, would find themselves electronically tagged.

Thirty years ago, the first electronic tags were fixed to the ears of cattle, to permit ranchers to track a herd’s reproductive and eating habits. In the 1990s, millions of chips were implanted in livestock, fish, pets, even racehorses.

Microchips are now fixed to car windshields, as toll-paying devices, on “contactless” payment cards (Chase’s “Blink,” or Mastercards “Pay Pass”). They’re embedded in Michelin tires, library books, passports and, unbeknownst to many consumers, on a host of individual items at Walmart and Best Buy.

But CitiWatcher.com employees weren’t appliances or pets: they were people, made scannable. It was scary that a government contractor that specialized in putting surveillance cameras on city streets was the first to incorporate this technology in the workplace, “ says Liz McIntyre co-author of *Spychips*” How Major Corporations and Government Plan to Track Your Every Move with RFID.”

Darks, the CitiWatcher.com executive, said his employees volunteered to be chipped. “You would think that we were going around putting chips in people by force,” he told a reporter, “and that’s not the case at all.”

Implants in Humans Spark Outrage:

Yet, within days of the company’s announcement, civil libertarians and Christian conservatives joined to excoriate the microchip’s implantation in people. “Ultimately,” says Katherine Albrecht, a privacy advocate, who specializes in consumer education and RFID technology, “the fear is that the government or your employer might someday say, “Take a chip or starve.” Some critics saw the implants as the fulfillment of a Biblical prophecy that describes an age of evil in which humans are forced to take the “Mark of the Beast” on their bodies, to buy or sell anything. Others saw it as a big step toward the creation of a Big-Brother society.

“We’re really on the verge of creating a surveillance society in America, where every movement, every action some would claim, our very thoughts will be tracked, monitored, recorded and correlated” says Barry Steinhardt, Director of the Technology Liberty Program at the American Civil Liberties Union in Washington, D.C. In design, the tag is simple: a medical-grade glass capsule holds a silicon computer chip, a copper antenna and a “capacitor” that transmits data stored on the chip when prompted by an electromagnetic reader. Implantations are quick relatively simple procedures. After a local anesthetic is administered, a large-gauge, hypodermic needle injects the chip under the skin on the back of the arm, midway between the elbow and the shoulder. John Halamka, an emergency physician at Beth Israel Deaconess Medical Center in Boston, MA, got chipped two years ago, “so that if I was ever in an accident, and arrived unconscious or incoherent at an emergency ward, doctors could identify me and access my medical history quickly.” (a chipped person’s medical profile can be continuously updated, since the information is stored on a data base accessed via the internet.)

TRIVIA STRANGE WAYS TO DIE

1. What group of converts burned their books of magic?
2. Who burned Joab’s barley field just to get his attention?
3. Who burned the Philistines’ grain by tying torches to the tails of foxes?
4. What king of Babylon burned Jerusalem?
5. What Caananite city was burned after he had been stoned to death?
6. What Israelite had his goods burned after he had been stoned to death?
7. What nation burned David? City of Ziklag?

BAPTISMAL CANDIDATES

We thank God for the following individuals who were recently immersed in water baptism in the Name of Jesus.

Bro. Steve Williams
Sis. Audrey Williams
(June 3, 2007)

Sis. Antoinette White
(September 2, 2007)

Please continue to lift them up in prayers as they embark on their new journey. The Scripture declares in Acts 2:38 *...Repent and be baptized every one of you in the name of Jesus Christ for the remission of sins, and he shall receive the gifts of the Holy Ghost.*



HOW TO BUILD AN EFFECTIVE SUNDAY SCHOOL

"GREAT SUNDAY SCHOOLS BUILD GREAT CHURCHES"
(PART 2)

(By: Elder Michael Sappleton)

One example of placing the right person in the right position and recognizing the gift and talents in others is explained here in this article from a personal experience.

Approximately eighteen (18) years ago while serving as Sunday School Superintendent at one of the church organizations, the Lord placed into my spirit to establish a Sunday School Parent Teachers' Association (P.T.A.), which I did. As a result, the Sunday School grew stronger and increased in membership. We were able to accomplish other tasks, as well as increase our budget. This department was financially independent during my tenure.

As the Sunday School Department continued to grow we were able to baptize many of the students. This was, and always will be, an exciting moment in the ministry of a church. I would like to caution my readers that an effective Sunday School does not necessarily mean growth in membership only, but in maturity, strength, and finance. I would like to spend some time to elaborate on each area of growth.

First, membership is one of the primary factors. The more members attending Sunday school provide far more opportunities and activities and form a larger church community. **Second**, maturity is developed through teachings and interactions. Stretch your imagination to see the countless ways maturity can be achieved. **Third**, Strength is the continuing development of a person, organization and/or an establishment. Strength is the quality of being strong. A strong Sunday School will withstand the challenging times of growth and establishment through the creed of the church and the Word of God. **Fourth**, finance is one of the factors that is very important. Many ideas come to reality through the ability to pay the cost as needed. The Word of God says: *"A feast is made for laughter, and wine maketh merry, but money answereth all things. (Eccl. 10:19)*

The person in charge or who oversees the Sunday School Department is equally responsible for the development and success. In order to have an effective Sunday School, such person will have to work in unison with the entire Sunday School faculty and staff alike. Steering the teachers in the right direction will help to guide the students. Effectiveness is the result of having the right person, doing the right thing, at the right time.

To schedule a seminar you may contact Elder Michael Sappleton at:

Tel: (770) 466-1170; Cell: (718) 431-3975;
Email: sapplejj@bellsouth.net
Mail: P.O. Box 1395, Grayson, GA 30017



Christian News Update

Ritrea: Christian Prisoner Dies Amid Intense Persecution

SANTA ANA, CA (Open Doors USA) - Christians in Eritrea confirmed that Migsti Haile (33) passed away at the Weaa Military Training Center. She reportedly died yesterday morning, September 5, as a result of torture for refusing to sign a letter recanting her faith. Haile was among a group of 10 single Christian women who had been arrested at a church gathering in Keren and spent 18 months imprisoned under severe pressure.

Before her arrest, Haile worked for a relative while she studied to complete eleventh grade of her high school education. She was also an active member of the Rhema Church. Christians in Eritrea are in need of prayer as they continue to face intense persecution. It is clear that the government is continuing its campaign against Christians.

Open Doors reported on August 21 that the group of 10 single Christian women who had all been arrested 18 months ago were separated from other prisoners and taken to Weaa Military Training center and underwent torture after they refused to sign a letter recanting their faith. The Eritrean government criminalized all independent Protestant churches in May 2002, closing their buildings and banning them from even meeting together in private homes.

NEW MEMBERS

We are pleased to welcome into the COBOAM family, the following members to whom the right hand of fellowship was recently extended:

Elder Michael Sappleton, Evangelist Janet Sappleton, Sis. Shardaе Sappleton, Sis. Kemesha Sappleton, Bro. Michael Sappleton, Jr., Elder Alan Hewitt, Evangelist Valda Hewitt, Mother Cicelyn Banton, Bro. Everton Daswell and Sis. Sheryl Beckford. We are happy to have them and are confident that they will be an asset to COBOAM's growth and development.

The Lord added to the Church daily such as should be saved (Acts 2:47)

(l-r) Bro. Michael Sappleton, Jr., Evan. Janet Sappleton, Elder Michael Sappleton, Sis. Kemesha Sappleton and Sis. Shardaе Sappleton.



(l-r) Evan. Valda Hewitt, Elder Alan Hewitt, Mother Cicelyn Banton, Bro. Everton Daswell and Sis. Sheryl Beckford.

ANGEL FOOD MNISTRIES
 (Sponsored by the Missions Dept of C.O.B.O.A.M.)

It's Both a Bargain and a Blessing!

You, or someone you want to help can be blessed with a wonderful box of fresh meats, fresh or frozen fruits and vegetables and staple items

There are NO...

- Memberships
- Qualifications
 - Income Limits
 - Angel Food Ministries also participates in the U.S. Food Stamp Program, using the Off-Line Food Stamp Voucher System (EBT).



Please see the menu each month for the incredible savings and specials.

Visit: www.angelfoodministries.org
 Or call Miss. Patricia Steel
 At (404) 587-4364

HAVE YOU LAUGHED LATELY?



A mother was concerned about her kindergarten son walking to school. He didn't want his mother to walk with him. She wanted to give him the feeling that he had some independence but yet know that he was safe. So she had an idea of how to handle it. She asked a neighbor if she would please follow him to school in the mornings, staying at a distance, so he probably wouldn't notice her. She said that since she was up early with her toddler anyway, it would be a good way for them to get some exercise as well, so she agreed. The next school day, the neighbor and her little girl set out following behind Timmy as he walked to school with another neighbor boy he knew. She did this for the whole week. As the boys walked and chatted, kicking stones and twigs, Timmy's little friend noticed the same lady was following them as she seemed to do every day all week. Finally, he said to Timmy, "Have you noticed that lady following us to school all week? Do you know her? Timmy nonchalantly replied, "Yeah, I know who she is." The friend said, "Well, who is she?" That's just Shirley Goodnest." Who is she and why is she following us? "Well, "Timmy explained, "every night my mom makes me say the 23rd Psalm with my prayers, "cuz she worries about me so much." And in the Psalm, it says Shirley Goodnest and Marcy shall follow me all the days of my life, so I guess I'll just have to get used to it.

YOUTH K O R N E R



We are proud to feature this quarter, Sis. Kemesha Tamara Sappleton, a student of the Sunday School Youth Class and a member of the "Anointed Daughter of Praise Group". Sis. Kemesha is 16 years old and was born and raised in Brooklyn, New York. Her parents, Elder Michael and Evangelist Janet Sappleton, are devoted members of C.O.B.O.A.M. They relocated to Georgia where they have been residing for over two years.

Sis. Kemesha considers herself shy and conservative but admits that she can become talkative. She is mature beyond her years, takes her education quite seriously, and considers a grade below an "A" to be unacceptable. She is currently a junior at Grayson High School in Loganville, Georgia, and has 4.5 GPA. In Middle School she was the school's Valedictorian and she hopes to repeat this remarkable feat in high school and college as well. Her passion for children has inspired her to become a Pediatrician!

On the spiritual side, she considers her Christian walk most important. She was baptized at the age of 10 and has a burning desire to serve the Lord and experience His mighty power in her life. She recently received the infilling of the Holy Ghost which she long awaited. We heartily congratulate Sis. Kemesha on her outstanding accomplishments and pray that she will be successful in her future pursuits. **WAY TO GO SIS!**

SAFETY TIPS:



3 Ways to Prevent Auto Insurance Fraud:

Source: LibertyLines

1. Keep insurance ID numbers secret.

Crooks can steal them and involve you in scams without your knowledge.

2. After an accident, be wary of strangers.

Strangers who offer you quick cash or urge you to go to a specific medical clinic, doctor or attorney. They could be part of a fraud ring.

3. Contact your Insurance Company's Hotline

Or the National Insurance Crime Bureau (800) 835-65422. If you think you are being scammed or if someone asks you to take part in a fraud.

How to avoid becoming a victim of Home Insurance Fraud?

Never give a contractor money up front. Make sure he or she is licensed and bonded in your state.

**Channel of Blessings
Outreach
Apostolic Ministries**

4661-B Hammermill Road
Tucker GA 30084
(404) 299-3807

cobo_ministries@yahoo.com



**HELPFUL
HOUSEHOLD
HINTS**

When a cake recipe calls for flouring the baking pan, use a bit of the dry cake mix instead and there won't be any white mess on the outside of the cake..

Wrap celery in aluminum foil when putting in the refrigerator and it will keep for weeks.

Delectable Treat

**Pineapple & Coconut
(A frozen desert)**

- | | |
|---|---|
| 1/2 cup shredded coconut | 1/2 pint whipped cream |
| 1 can crushed pineapple
(1 cup size) | 8 large marshmallows
(cut in small pieces) |
| 1 cup Graham Cracker crumbs | |
| 2 1/2 tblsp. melted butter or enough to hold crumbs together. | |



Mix together marshmallows, coconut and pineapples (with juice). Stir occasionally until mixture is soft- takes about 2 hours. Whip cream until stiff. Whip cream until stiff. Fold into marshmallow mixture. Press Graham cracker crumbs (which have been mixed with melted butter) into an ice cube tray. Save some of the crumbs to sprinkle on top for topping. Pour mixture into tray. Sprinkle remaining crumbs on top and place tray in freezing compartment of icebox. Freeze overnight. Serve frozen. Serves 6.

Please let us know the names and addresses of your friends and Family members who are interested in receiving our newsletter which is published quarterly. Also, if you are planning to move, or have moved, please advise us of your new address. Each piece of mail that is unclaimed and has to be returned is money lost.

EXPRESSIONS

ABC'S OF LOVE

LOVE

Accepts, Behaves, Cheers, Defends, Eriches
Forgives, Grows, and Helps.

LOVE

Includes, Joins, Kneels, Listens, Motivates,
Notices, Overlooks, and Provides.

LOVE

Quiets, Respects, Surprises, Tries, Under-
stands, Volunteers, Warms, Expects, Yields.

**Love in action breaks the code, and adds zip to
your life!**



ANSWERS TO TRIVIA

- | | |
|----------------------------------|-----------------------------------|
| 1. The Ephesians (Acts 19:19) | 5. Laish (Judges 18:26-27) |
| 2. Absalom (2 Samuel 14:28-33) | 6. Achan (Joshua 7: 24-25) |
| 3. Samson (Judges 15:4-5) | 7. The Amalekites (1 Samuel 30:1) |
| 4. Nebuchadnezzar (2 Kings 25:9) | |



INSPIRATIONALS



- A. Whatever is planted in the heart takes root in the soul.
- B. When your eyes are on the Lord, your troubles are soon out of sight.
- C. It's not the place that matters- it's the direction that you're going.
- D. If fear knocks on the door, let faith answer it because no one will be there.
- E. It is better for a human heart to overflow with love than to burst with hate.
- F. Be an organ donor; give your heart to God.